

Medical Training in the UK



Dr Vegh Attila, PhD

President, Hungarian Medical Association UK

Chief Executive Officer, Capiro Group

Former Chief Executive at University Hospital of South Manchester NHS Foundation Trust

Former Chief Executive at Cambridgeshire and Peterborough NHS Foundation Trust



Health Education England



Dr Godor Dorottya

Core Medical Trainee Year 2

London Deanery

Semmelweis University

Budapest, Hungary

d.godor@nhs.net

Main points

1. My story
2. Structure of medical training in the UK
3. Differences and similarities between medical training in the UK and Hungary
4. How and when to join the UK training pathway from Hungary
5. What to expect after Brexit

1. My story

2015 Mar - May

UC Davis, Sacramento, California, USA

2016 Feb

Taster week, Manchester

2016 Feb - Apr

Erasmus, Aberdeen, Scotland

2016 Jul

Graduation, Semmelweis University

2016 Aug -

Foundation Programme 1-2, London

2018 Jul

Newham Hospital & Royal London Hospital

Surgery/Stroke & Geriatrics/Resp

A&E/Psychiatry/O & G

2018 Aug –

Core Medical Training 1-2, London

2020 Jul

Northwick Park Hospital & Harefield Hospital

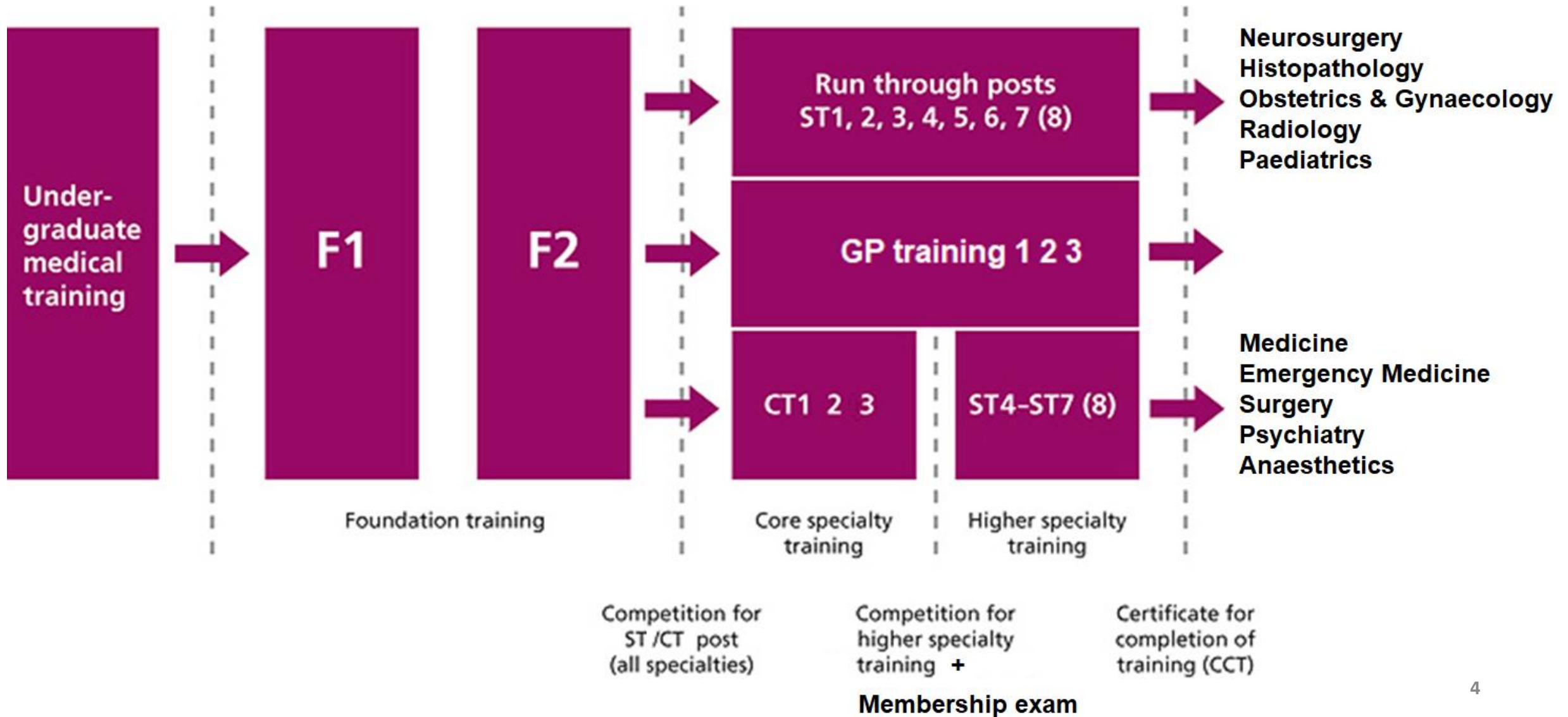
Acute Medicine/Transplant/Intensive Care/Infectious Diseases

Rheumatology/Gastro-Genitourinary Medicine clinics/Geriatrics



**Bouquet of flowers
from a lovely patient**

2. Structure of medical training in the UK



3. Differences and similarities between medical training in the UK and Hungary

- Training in the UK is much longer than training in Hungary (9 yrs vs 5 yrs)
- Competitive application ± relocation within the UK
- Changeover every 4-6 months to different wards/hospitals
- Multicultural working environment and patients
- Some diseases are more common in the UK: TB, HIV/AIDS, sickle cell anaemia, diseases in returning travellers (malaria, dengue, typhoid)

Further differences

- Some specialties are better represented in UK training: Psychiatry, Palliative Care, Geriatrics, Microbiology, Genitourinary Medicine
- 12 hour on-call shifts in the UK, 24 hour shifts in Hungary
- Exception reporting if working overtime
- Difficult membership exams for progression from core training to specialty training (e.g. MRCP – Membership of the Royal College of Physicians)
- Out of programme experience after foundation or core training e.g. in third world countries, Australia, NZ, USA

E-portfolio for yearly progression

E-Portfolio

Emergency/Top/Common presentations

Multisource Feedback

Quality Improvement (QI) project

Clinics

Teaching attendance

Procedures

e.g. Ascitic tap, lumbar puncture, CPR, external pacing, pleural aspiration, central lines, chest drain insertion, cardioversion

Trainee support

Reflective Balint groups

PSU Professional Support Unit:

Coaching, exam support, help with language and communication skills

- Research opportunities – case report, audit, quality improvement, designing a clinical trial
- Statistics and critical appraisal skills
- Generous study budget to attend courses
- Opportunities for developing yourself as a clinical educator
- Postgraduate certifications
 - PG Cert in Medical Education
 - Certificate in Quality and Safety
 - Certificate in Leadership
- Leadership roles
 - Trainee representative
 - RCP Student and Foundation Doctor Network
 - RCP Associate Tutor
 - BMA representative



**Royal College of Physicians
Student and Foundation Doctor Network**

4. How and when to join the UK training pathway from Hungary

Non-training trust grade job:

Non-training trust grade jobs are ideal for short clinical placements of 3-6 months or a year

jobs.nhs.uk

Search: trust grade/clinical fellow

Training job:

6th year of med school (internship year) is equivalent to Foundation Year 1

Eligibility criteria

1. Academic IELTS

- A score of at least 7.0 in each testing area
listening, writing, reading, speaking
- An overall score of 7.5

2. Full registration with the GMC

Applying for training

F1 and F2 Standalone Programmes for 2020 - Further info Dec, 2019



University Hospital Southampton Foundation Fellowship Training Programme
University Hospital Southampton Core Fellowship Training Programme

5. What to expect after Brexit

DEAL:

Transition period until 31 December 2020 with no expected change to how the GMC registers doctors

NO DEAL:

Doctors with Hungarian medical qualifications should be able to register with the GMC in a timely and streamlined way

Medical Licensing Assessment (MLA) from 2023

- Applied knowledge test & Clinical and professional skills assessment
- Depending on the outcome of the Brexit negotiations, the GMC will want to assess doctors coming from the EU



HMA-UK.ORG

**If you want to go fast, go alone.
If you want to go far,
go with others.**

African Proverb

